

December 2020

60p

# Bosham Life

The Magazine of Bosham Church and Village





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# The Churches of Bosham

## HOLY TRINITY with ST NICHOLAS

Holy Trinity Church, High Street, Bosham, Chichester PO18 8LS

**Vicar: Canon Martin Lane** The Vicarage, Bosham Lane, Bosham, Chichester PO18 8HX

☎01243 573228

[vicar@boshamchurch.org.uk](mailto:vicar@boshamchurch.org.uk)

### Parish Administrator and Secretary of the PCC:

**Kate Cameron** ☎01243 210242

[administrator@boshamchurch.org.uk](mailto:administrator@boshamchurch.org.uk)

Office hours: Monday, Tuesday and Thursday, 9:30am-12:30pm

For baptisms, weddings and funerals, please contact the Parish Administrator

As we go to press, no services are being held in the church. The church is only open for private prayer, on most Wednesdays and Sundays, from 12:00noon to 4:00pm.

For details of online services, please see page 6.

### Holy Trinity Church Office

% The Vicarage, Bosham Lane,  
Bosham, Chichester PO18 8HX

### Churchwarden

Laura Ritchie ☎574959

2 Manor Villas, Taylors Lane,  
Bosham, Chichester PO18 8QQ

[laura@2mv.eu](mailto:laura@2mv.eu)

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### Hon Secretary of PCC

Kate Cameron (see above)

### Hon Treasurer of PCC

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## ROMAN CATHOLIC CHURCH: OUR LADY OF THE ASSUMPTION

Canon Tom Traherne and Father Sebastian Paul

The Presbytery, Cawley Rd, Chichester PO19 1XB ☎782343

Open for private prayer on Tuesday mornings: 9:30-11:00am

As we go to press, the holding of Mass has been temporarily suspended.

**COPY DEADLINE FOR BOSHAM LIFE: THE 11th OF EACH MONTH**

*Canon Martin Lane, Vicar of Bosham, writes...*



Dear Friends,

As I write we are still in the midst of lockdown. We await news of how December will unfold, especially regarding the lockdown itself and the potential impact upon our Christmas services. Please check the church website, which we will endeavour to keep up to date, with the latest information regarding what we are able to do. At this stage I am expecting some of our services to be via Zoom and pre-recorded; we may have to manage a 'mixed economy', so watch this space! There is a link on page five to a carol service from Chichester Cathedral for us to enjoy.

We now enter the season of Advent. It is a season of hope as we look forward to our celebration of Christmas, when we remember our Lord's first coming among us, born of the Virgin Mary. Advent hope is different from what I would call 'worldly hope', which is so often expressed in the 'hope that something might happen'. Christian hope is founded upon the certainty of Jesus himself, who by his birth, life, death and resurrection has heralded a new order. This is a new creation of which we are part; it is a dynamic process which has and indeed is happening, as we await His second coming as Lord and King. This is not just about the future and the end of time, is it also grounded in the here and now.

I believe that Advent is also a season of expectation and anticipation. I can remember as a very young child the excitement of opening the windows on my advent calendar—I could not wait to open the window each morning... the thought of opening the final window with Mary, Joseph and the baby Jesus was particularly exciting, because I knew that Christmas would have arrived and that this would mean presents; notwithstanding that it was also biggest window and I hoped would reveal the biggest chocolate!

In the midst of all that troubles us and indeed the world, we can and must be optimistic. There is much in our world which is challenging at this present time, yet as Jean-Pierre de Caussade pointed out: "God instructs the heart, not by ideas but by pains and contradictions". There are indeed many contradictions and pains in our world today, but we are not without hope. Let us allow ourselves to be lured by grace out of this present time into a new and bigger reality, to allow the pains of this present moment to be transformed by God.

Christmas is the stuff of tinsel, turkey and presents, but for Christians it is the message of the angels, the eagerness of the shepherds, the epiphany of the wise men that speak of the generosity of God.

So then, as we look forward to Christmas, we will join with Christians throughout the world to welcome Jesus, born of Mary, in whichever way we can. In so doing we celebrate and give thanks to God for the complete and total generosity, given to us in the infant Jesus, born of Mary—the best gift of all.

May your Advent be filled with hope, expectation and anticipation—your Christmas with generosity, joy and peace.

**Martin**

# Chichester Cathedral

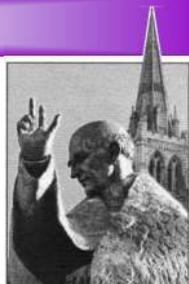


## CAROL SERVICE 2020

Chichester Cathedral's pre-recorded Carol Service will be on the Cathedral's website from the beginning of December 2020.

To watch and listen to it, scan the QR code on the left, or browse to:

[www.chichestercathedral.org.uk/carol-service-2020](http://www.chichestercathedral.org.uk/carol-service-2020)



CHICHESTER  
CATHEDRAL

## Meeting Point

### THE BLESSING OF THE GRAVES

The Blessing of the Graves service took place on November 1st in Bosham Burial Ground. It was an inclusive event and was attended by many people of all faiths, to pay their respects to their loved ones who are buried there.

Have you ever visited the Burial Ground? It is an unspoilt, tranquil and green oasis in the heart of the village, which attracts a wide range of wildlife. It was started



when the churchyard around Holy Trinity Church was closed; the earliest graves in the burial ground date from 1908. It may be used by all residents of the Parish, whether they be Christian or any other faith, or adherents to none.

It also includes eight Commonwealth War Graves which are beautifully maintained. Bosham Burial Ground Association bears the cost of maintenance through members' contributions. The subscription is only £10 per year—why not consider joining?

Donations are also accepted. For further information please contact Jane Weller on ☎572821 or email [wellerje-1@outlook.com](mailto:wellerje-1@outlook.com).

*The entrance to the Burial Ground is at the junction of Fairfield Road and Leander Road.*



## COPING WITH THE RESTRICTIONS DUE TO THE COVID-19 PANDEMIC

In these uncertain times, it is impossible to provide an accurate timetable for events and services taking place in the church. The only event on the calendar at present is:

*Sunday December 20th at 4:00pm—Meeting Point Christmas Vigil—via Zoom.*

For the latest information, go to the church website: [boshamchurch.org.uk](http://boshamchurch.org.uk).

To watch video recordings of services, click on 'Online Ministry', then 'Sunday Morning Services Online' or 'Sunday Evening Worship via Zoom'.

Information about when (or if) the church is open will be found under 'Services and Opening Times'.

When it is impossible to have *Bosham Life* printed and delivered to people's homes, (such for the present issue, in December 2020) it will be sent by email to all those parishioners whose email addresses are on the church database. The magazine is also available as a (free) download from [boshamlife.co.uk](http://boshamlife.co.uk) or from the church website: [boshamchurch.org.uk](http://boshamchurch.org.uk).

## Remembrance Day

Due to the lockdown restrictions, there was no formal recognition of Remembrance Day this year on the day itself, although Remembrance Sunday had been celebrated in the church a few days earlier. However, a number of people congregated on Quay Meadow, recognising 'social distancing', and five wreaths were laid on the War Memorial, in an informal ceremony at 11:00am on Wednesday November 11th.



## St Wilfrid's Hospice



As the leaves fall and the weather turns colder, it feels good to be indoors. Did you know that we are caring for over 330 patients in our community at any one time, and the majority are cared for in their own homes?

St Wilfrid's Hospice keeps its doors open every day of the year, as volunteers, housekeeping, chefs and nurses continue their vital work to support patients' wellbeing as well as clinical needs, both in the hospice and out in the community.

Our staff strive to combat these anxious times with humour, humility and humanity. The PPE (personal protective equipment) might cover our smiles but we are all keen to show the patients, and each other, our smiling, empathetic and compassionate best selves, as always.

The festive season is fast approaching, and messages of love and support are more important than ever. Why not support St Wilfrid's and choose our beautiful Christmas Cards to send to loved ones this season? We have lots of designs to choose from, including our popular snow-dusted local landmarks, for just £2.95 for a pack of 10. Post early to show that you care! Multi-buy discount available!



Don't miss out on playing our Winter raffle for just £1 per ticket.

The top cash prize is £1,000, and we also have a delicious seasonal hamper from Goodwood, a fabulous bouquet of festive flowers, a Christmas door wreath and many more luxury prizes.

Have you seen intrepid Major Mick in his home-made boat, the Tintanic? He's rowing 100 miles along the Chichester canal to raise funds for the Hospice and has now passed the 60 mile mark. (See *Bosham Life*, November 2020, page 13.)

The ex-Royal Scots Dragoon Guardsman has now raised over £25,000, which is enough to fund the care services of the entire Hospice for more than a day!—you can support him here: [www.justgiving.com/.../majormicktintanic100challenge](http://www.justgiving.com/.../majormicktintanic100challenge).



**Website: [stwh.co.uk](http://stwh.co.uk)**

# Charity in Focus

## TOM'S WAY TO 30K

Hi, my name is Tom, I am eight years old and I am trying to raise money for 'Friends of Children in Romania'. Every November, I usually help my mum and her friends sell toys and cakes and then we give all of the money to the orphans of Harja. That money is usually enough to buy the children a Christmas present, some winter boots, to take them out for a pizza, and whatever else they desperately need. Last year we were even able to buy them a sofa!

People from all over Bosham, and beyond, donate lots of lovely clothes and warm coats, which Father Martin, my mum, and other kind supporters, take out to Romania and kit the children out for the whole year. This year is different though. We are not allowed to do a toy and cake sale, and are not allowed to accept donations of clothes. No one can just hop on a

plane to Romania and, even if they could, the orphans could not go out for their annual pizza treat. That makes me sad because I can have pizza anytime and they can't.

I talked to my family about this and I have decided to do a five day challenge. Together with my mum, my dad, my brother Charlie, my sister Jasmine, my Auntie Paula (she's not my real Auntie—I just call her that) and my dogs Bella and Scooby, I am going to run, walk, hike, cycle and scoot my way to 30k by doing one challenge every day after school for one week. If you would like to sponsor me I would be so happy. I really want to make sure the children still get a warm coat, some winter boots, and a Christmas present. Maybe even a pizza delivery?

I know this year has been very hard for everyone, and so many people have lost their jobs, but if you can spare any change at all, I know they will appreciate it, and so will I.

Next month, I will let you know how I got on. Thank you very much for helping.

**Tom Gordon**



The children of Harja



Tom

To donate online, please scan this QR code, or browse to: [cafdonate.cafonline.org/8920](http://cafdonate.cafonline.org/8920)



# Chichester Harbour

## THE BIRDS ARE BACK IN TOWN!

It's the time of year that the coastline around Bosham welcomes back lots of ducks, geese and wading birds from faraway places such as Iceland and Siberia.



Birds such as our waders (Curlew, Black-tailed Godwit, Redshank, etc) and wintering ducks (Wigeon, Teal, Shelduck, etc) all head back to our shoreline to escape freezing arctic temperatures, and feast on the plentiful crustaceans and other invertebrates it offers.

The birds have overcome a multitude of challenges to get here, so it's no surprise they are tired and hungry when they do. Once settled down into their winter surroundings, it's vitally important we give them lots of space so they can concentrate on building up their energy reserves once again. However, as we like to share the environment with them, it isn't always straightforward for them to feed and rest. This is where the friendly and approachable Rangers of *Bird Aware Solent* come in.

Bird Aware Solent is an innovative Partnership that aims to highlight the special birds and why it is important not to disturb them when out enjoying the coast. I regularly visit the harbour around Bosham, and have a wealth of knowledge of the birds that travel here. Here are a few simple steps we can all take to ensure the birds get the space they need to go about their business undisturbed:

- Exercise dogs away from the birds;
- Stay on paths, where they exist;
- Keep your distance.

A few posters have also been put up with the help of local residents. Keep a look out to see how you can help the birds.



Wigeon

I will be in the area frequently throughout the winter and welcome anyone to wander over and say hello. Be sure to ask what you are likely to see, such as the whistling duck or Wigeon. Yes—it sounds as if it whistles! The picture on the left will help you spot one, although you will probably hear it first!

Bird Aware Solent can provide free valuable resources such as posters and talks (via Zoom, at the moment), help to schools, leaflets etc.

For more information, visit [www.birdaware.org](http://www.birdaware.org), contact [info@birdaware.org](mailto:info@birdaware.org), or follow them on Facebook, Twitter or Instagram for daily posts.

**Mark Appleton ('Ranger Mark')**



Ranger Mark

## *Bosham, Chidham and District Horticultural Society*

On checking last year's December report for inspiration, it reminded me that our December Christmas party in 2019 had to be cancelled as it was election night! We could never have imagined then the reason for the cancellation of the December 2020 Xmas party! What will December 9th 2021 bring, I wonder? Hopefully some normality! Every time we take a step forward, it seems we then take another step back! The Committee is hoping that we can hold our first meeting of the year on 11th February, but that is in the lap of the virus and the Government—not very reassuring, then!!! Of course we will keep you up to date with future plans.

Our AGM was held via email and good old fashioned post, in order to keep all the financial documents and decisions official and in our records for the future. I hope our members have received the Programme for 2021 through their post box. Many thanks to John Fox who has now become our 'in-house printer'! John has also been doing an amazing job researching the history of the Society, discovering that the first Show was held in 1921, and so next year we will be organising the Centenary Show! If anyone has any other historical facts regarding our Society please let us know.

Even Monty Don seems to run out of ideas for December gardening, as he writes his books instead, at this time of year. So we can all have a rest too!! Wishing you the happiest of Christmases possible during these extraordinary times.

***Rozie Bradley***  
**Secretary**



## From Our Member of Parliament

Winter always brings extra challenges for our National Health Service, so we always knew this would be very much increased during a global pandemic. Although in the Chichester District we may feel far removed from the worst of the outbreak, the data for our area is worsening, with our infection rates rapidly rising, which in time, if left unchecked, will translate to more cases. No one wanted to reintroduce a further lockdown, but the Prime Minister has sought to act now in order to protect our most vulnerable and the NHS.

Of course, this means that businesses will require extra support. This is why the Chancellor has extended the Covid-19 Job Retention Scheme until the end of March 2021, covering 80 per cent of wages for hours not worked, as well 80 per cent of trading profits for the Self-Employed between November and January. It's important to remember that this national lockdown is not the same as the previous one and we've legislated so that it will end on December 2nd. At which point, it is hoped the R-number will be below one, and we can return to a more measured and localised approach.

Though we've had to be considerably more cautious since the start of November and I haven't been able to go out and about as I normally would, in October I had the great pleasure to open Bourne Community College's new STEM (science, technology, engineering and mathematics) centre, equipped with incredible technology to support and inspire their pupils into careers in engineering and computer science. They have the latest equipment including a 3D printer, which does what it says on the tin and prints in 3 dimensions! This means students experience the process of coming up with a concept, designing it, prototyping it then physically holding the finished product, all through using computer programs.

Along with the STEM lab we officially opened two new food technology labs, two maths classrooms and their new Southgate pitch—named after the late John Southgate, their long-serving Chair of Governors. His lovely daughter, Annie, was able to join us to mark the occasion.

The new lockdown measures won't be easy for anyone, so if you need extra help please make sure you reach out to West Sussex County Council's Community Hub who are on hand 8:00am-8:00pm, seven days a week: ☎03302 227980—or get in touch with me, [gillian.keegan.mp@parliament.uk](mailto:gillian.keegan.mp@parliament.uk).

*Gillian Keegan, MP*

## Local Government

We reported last month (*Bosham Life*, November 2020, page 19) that Jonathan Fulford had been recognised by the High Sherriff of West Sussex, for leading a team of people who cleared up rubbish from Quay Meadow, left during the 'invasion' by unthinking visitors at the height of the first lockdown. The photograph shows Jonathan after receiving his 'Special Recognition Volunteer Award'.





In 1988 twenty-five Fresian dairy cows were sent by English farmers to subsistence farmers in Uganda. These farmers had little or no knowledge of how to care for livestock and so the charity 'SEND A COW' sent a team of people to train them. The cows produced milk which improved the diet of the farmers and their families, made them more healthy, and completely changed their lives.

**MILK; MUCK; MONEY.** The surplus milk was sold. The manure from the cows improved the fertility of the crops so the people were able to sell more. They made more money and eventually were able to have a better standard of living and to educate their children.

Rosemary Grindle, one of our members, has been involved with SEND A COW for many years and explained at our Zoom meeting how very successful this charity has been over the last 32 years. It now covers Ethiopia, Kenya, Uganda, Rwanda, Burundi and Zambia—areas which are very different in terrain and also in culture.

The people are taught to make use of natural resources such as:

- How to conserve and use water;
- How to recycle animal waste;
- How to create compost efficiently.

The farmers were advised to concentrate on using the land around their house, shack or shed, by building a pen for the animals, and to grow vegetable beds harvesting cassava, sweet potatoes, spinach, beet and carrots. An excellent diet for the whole family, thus improving their health.

They learnt how to manage the use of the water as it is used for everything—drinking, cooking, washing, watering plants and animals.

Drip Irrigation is provided by using plastic bags or guttering to collect water and supply it to plants.

Keyhole Gardening is a fascinating way of growing vegetables where a mound of earth is drawn up with a hole in the centre. Compost goes in the centre with layers of earth and the seeds or seedlings are planted on the outside. Water is poured into the 'keyhole' in the centre which then seeps out to the young plants.

There are also Bag Gardens, in which a sack, held up by sticks, is filled with columns of gravel for drainage, and topped with compost for growing vegetables.

One very important factor is this: Each cow sent is IN CALF and the idea is that if you receive a gift, you pass it on. So, when a female calf is born, this animal is *Continued*⇒

passed onto another family for them to start their own little business.

Nowadays, cows are not the only animal used. Goats are used as they can provide two to three litres of milk a day. When a kid is born, that, too, is passed on. Similarly—chickens are used for laying eggs, which are good for protein, and when chicks hatch, they are given a new home. Rosemary used the analogy ‘it’s just like throwing a stone into a pond and watching the ripples radiate outwards’. When a calf, kid or chick is ready to be given to another family a ‘passing-on ceremony’ takes place and another family starts its journey out of poverty.



Keyhole gardening



A bag garden

Another important factor in many parts of Africa is that they are male-dominated and women haven’t had much of a say in the past. Now women have become empowered by gaining many skills and confidence and there is much more gender equality, where they are involved in community affairs. In areas where it is obvious that groups have been able to set up their own businesses, become self-sufficient, independent and resilient, the Send a Cow team will move on after a few years to help another group.

A quote from a woman named Justine says it all—**“I am living a dream as an independent woman”**.

They are learning about climate change; how to build resilience; water conservation; drought resistant seeds; push and pull techniques (this is knowing which plants to grow alongside each other to deter certain damaging insects); how to improve the yield of the crop; sanitation, and hygiene.

This is a wonderful charity. Please support it in any way you can. The website is [sendacow.org.uk](http://sendacow.org.uk).

**Bosham WI** continued Zooming, to combine its November monthly meeting with its 99<sup>th</sup> Annual Meeting. The President, Rosemary Keating and the committee are all prepared to stand for another year. The President, Hon Secretary and Hon Treasurer gave their reports and all those present voted unanimously in favour of their acceptance. Other notices were announced and the Christmas Zoom meeting will be held on Wednesday, 2<sup>nd</sup> December at 2:30pm. If you would like any further information about joining Bosham WI, or if existing members can think of anything they would like us to do to expand the contact with you, please contact Rosemary Keating on ☎839953.

*Jennifer Fidler*

## What's On @ Hamblin in December

### THIS SCHEDULE ASSUMES THAT LOCKDOWN HAS FINISHED...

Low Cost Counselling—various times, remote or in garden/inside.

Low Cost IHM or EFT—Every Tuesday 1:00-4:00pm

Low Cost Reiki—various times

Low Cost Remedial Massage—Every Monday 10:00am-12:00pm

The Hamblin Joy Circle—Every Tuesday 10:00-11:30am

New Vision Light Workers (Zoom)—Saturday 5th 10:30am-12:30pm

Laughter Club (Zoom)—Every Saturday 10:30-11:30am

Laughter Club minis (Zoom)—Every Monday and Friday 11:00-11:15am

Christmas Week—Monday 7th to Friday 11th 10:00am-1:00pm

Christmas Wreathmaking—Saturday 12th 10:30am-12:30pm and 2:00-4:00pm

Robins, Wrens and Winter Birds—Tuesday 15th 11:00am-12:30pm

Online Candle Lighting Ceremony—Monday 21st 12:45-1:15pm

*Please call ☎ 572109 to book your place*

WELLBEING CLASSES ARE NOW BACK IN THE HALL

PLEASE SEE THE WEBSITE FOR MORE DETAILS

We also have three beautiful self catering lodges: [www.boshamretreats.co.uk](http://www.boshamretreats.co.uk)

For more information: [www.thehamblintrust.org.uk](http://www.thehamblintrust.org.uk) [www.hamblincentre.org.uk](http://www.hamblincentre.org.uk)

### QUICK QUIZ

**Two of the four Gospels do not mention the birth of Christ. Which ones are they?**

(Answer on page 22)

### PICTURE QUIZ



**This month's puzzle:**  
What building displays these buntings?



**Answer to last month's puzzle:**  
What prominent Bosham house has these interesting gate posts?  
‘The Old Town Hall’ at Street End

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The *Bosham Life* team wishes you a **Happy Christmas** and a **Joyful New Year**, despite the upheaval due to the virus (not to mention Brexit!)—with a return to having a printed version of the magazine as soon as possible!  
Wendy and Mike, Priscilla and Matthew, Diana and John

Bosham Rainfall in **October 2020** (October average for 2004-2019 = 91.2mm)  
Supplied by our official rainfall observer, Margaret Williams

Date	mm
1	23.9
2	36.5
3	21.8
4	13.4
5	2.5
6	4.6
7	2.5
8	0.7

Date	mm
9	2.9
10	0.5
11	T
12	11.5
13	0.8
14	0.3
15	0.1
16	---

Date	mm
17	---
18	---
19	1.5
20	11.4
21	4.6
22	0.3
23	1.0
24	24.3

Date	mm
25	2.1
26	2.1
27	7.6
28	6.5
29	1.2
30	1.0
31	15.8
<b>TOTAL</b>	201.4

--- = none; T = trace (less than 0.1mm); (s) = snowmelt; (wf) = wet fog; ↓ = carried over to next day  
Readings are taken at 9:00am for the previous 24 hours.

# Diary of Events

*Photograph by Jim Buckley*

## DECEMBER 2020

- Wed 2      WI Meeting by Zoom, 2:30pm (p 13)  
Sun 6      ✕ Advent 2  
Sun 13     ✕ Advent 3  
Sun 20     ✕ Advent 4  
—”—      Meeting Point Christmas Vigil, via Zoom, 4:00pm (p 6)  
Fri 25      **Christmas Day**  
Sun 27     ✕ Christmas 1  
Mon 28     **Boxing Day Bank Holiday**  
Thu 31     **New Year's Eve**

See also the church and village online calendar at [boshamlife.co.uk](http://boshamlife.co.uk).



'Tranquillity' by Wendy Rowden

## Reflections

'There is much virtue in a window. It is to a human being as a frame is to a painting, as a proscenium to a play and as a form to literature.' This year windows have been even more important than ever as a meeting point for friends and family and I hope that with Christmas fast upon us there will still be twinkling lights in the darkness to remind us of this special time of year, however difficult it may be.

Your eyes tell the story of who you are and a smile through a pane of glass is, 'the light in the window of your face that tells others your heart is at home with them'. I can spend hours looking out of a window, particularly an open one. I need to breathe in the air and see the sky, to hear the distant noises and think this is my world and I am in one very small corner of it. I am so lucky finding myself in Bosham, but whether my view be one of nature or a metropolitan skyline it doesn't matter. As long as I can see beyond where I am, then I can think. 'Freedom is the open window through which pours the sunlight of the human spirit and human dignity.' For my granddaughters this Christmas I will say, 'who says you cannot hold the moon in your hand? When the stars come out and the moon rises in the velvet sky look through your window, then raise your hand and curl your fingers around the disc of light and you will hold the moon in your hand.' Windows allow us to see way beyond our immediate world.

To all of you this Christmas—Hope smiles from the threshold of the year to come/ Whispering, "it will be happier". *Tennyson*

*Janis Davenport*

## From the Registers

### BAPTISMS

*'We welcome you into the body of Christ'*

Baptised October 8th Caroline Homer

### WEDDINGS

*'Those whom God has joined together, let no man put asunder'*

Married October 3rd Joanna Miller and Benjamin Gibson

Married December 31st Alice Jewer and Rhys Pickett

### DEATHS

*'Rest grant unto them, O Lord'*

Died October 1st Christopher Michael Barclay Huxtable Age 59

### YEAR'S MIND—DECEMBER

*We remember on Sundays those of this parish whose anniversaries fall at this time.*

John Baker	08/12/2017	John Neil Gammon	22/12/2016
Edward 'Sonner' Gilby	11/12/2015	David Marsden-Jones	23/12/2017
June Elizabeth Walter	12/12/2016	'Nepity' Turner	30/12/2006
Suzanne Elizabeth Whitaker	16/12/2019		

*Names are considered for removal from this list every five years. If you would like a name to be kept on the list, or to be added to it, please contact Bosham Life.*

# Dementia Support

## THREE WAYS THIS WINTER

Vulnerable and older people living with dementia face real challenges this winter as the covid-19 virus pandemic continues. In response, local charity Dementia Support is now offering its services in three different ways—by phone, online and, when possible, face to face at its dementia hub, Sage House in Tangmere near Chichester.



One local customer says the different ways of accessing services have made a real difference to herself and her husband, who was diagnosed with dementia four years ago:

*“Dementia is hard at the best of times, but this year has been a real struggle. We’ve been on the phone constantly to Sage House which has been a real lifeline, and in recent weeks we’ve been in for face-to-face support. Getting online took us a while but now I know how to do it, we join in the activities. It’s good to see friendly faces and we have a good laugh. It really breaks up the week and helps us both cope.”*

Since the start of the pandemic, Dementia Support has been working with customers to develop alternative ways of supporting people, and now, ready for winter, they are offering dementia services three ways:

- **By phone**—speak to a Wayfinder for free emotional and practical support tailored to your unique circumstances;
- **Online**—access a range of free activities, video calls with a Wayfinder, and Chatter Tables;
- **Face-to-face** (by appointment and only if possible within current government guidelines). Services at Sage House dementia hub in Tangmere include quiet hairdressing, activities and respite care.

To find out more about dementia services, phone Dementia Support at Sage House on ☎888691 or email [info@dementia-support.org.uk](mailto:info@dementia-support.org.uk).

The charity’s fundraising has been hard hit during the pandemic, whilst the number of people needing support has increased. To donate to Dementia Support’s Christmas Appeal, please go to [www.dementia-support.org.uk/donate](http://www.dementia-support.org.uk/donate).

## Bosham Monday Club

Another month has gone by without our Monday Club meetings and there are lots of things that we are all missing. We are missing the fun and laughter that we have for two hours on a Monday afternoon. We are missing sipping tea and eating home made cake. We are missing the activities and trips out. But most of all we are missing each other! Sadly, the second lockdown meant that we (Jan, Jenny and Wendy) couldn’t even make a ‘tea and cake’ home delivery this month but we do hope to be able to deliver a Christmas treat! In the meantime keep smiling and let’s hope that

Bosham Monday Club restarts early in 2021!

For more information on what goes on at the club, call me on ☎07710 483718.

*Jan Davies*

## Local Organisations, Clubs and Websites

BELL RINGERS Mandy Rodgers ☎574074	BOSHAM PARISH COUNCIL Clerk: Lisa Roberts ☎576464 <a href="http://www.boshamvillage.co.uk">www.boshamvillage.co.uk</a>
BIBLE STUDY Tuesday: Sarah Page ☎573779 Wednesday: Audie Rowe ☎576970	BOSHAM PRIMARY SCHOOL Head Teacher: Debbie Allen ☎572375 <a href="http://www.bosham.w-sussex.sch.uk">www.bosham.w-sussex.sch.uk</a>
BISCuit (Bosham Isolation Support Community) <a href="http://www.bisc-uit.co.uk">www.bisc-uit.co.uk</a> ☎200462	BOSHAM SAILING CLUB <a href="http://www.boshamsailingclub.com">www.boshamsailingclub.com</a> ☎572341
BODYLINE FITNESS Joanna Wright ☎573311	BOSHAM SHORT TENNIS CLUB Ken Firman ☎575771
BOSHAM, CHIDHAM AND DISTRICT HORTICULTURAL SOCIETY Stephanie Fiske ☎572991 <a href="http://www.bcdhs.org.uk">www.bcdhs.org.uk</a>	BOSHAM TABLE TENNIS CLUB Angela Willer ☎575262
BOSHAM ASSOCIATION Ros Bowen ☎572831 <a href="http://www.boshamassociation.org.uk">www.boshamassociation.org.uk</a>	BOSHAM VILLAGE FRIENDS ☎07981 794723
BOSHAM BADMINTON CLUB Ray Lyon ☎574091	BOSHAM VILLAGE HALL Booking Secretary: Liz Taverner <a href="mailto:bvhbookings@hotmail.com">bvhbookings@hotmail.com</a>
BOSHAM 50+ BADMINTON CLUB Steve Bailey ☎573217	BOSHAM WI Rosemary Keating ☎839953 <a href="http://boshamwi.co.uk">boshamwi.co.uk</a>
BOSHAM BINGO CLUB Nigel Kyte ☎528744	BOSHAM YOGA Vivien Ward ☎572353
BOSHAM BRIDGE CLUB Daphne Perkins ☎573229	BOSHAM YOUTH CENTRE Caroline Austin ☎07787 543933
BOSHAM BROWNIES Pearl Green ☎374042	CHILDREN'S BALLETT CLASSES Sue Bethel ☎920499
BOSHAM BURIAL GROUND ASSOCIATION Judy Stern ☎573396	FRIENDS of CHICHESTER HARBOUR Ann de Potier ☎512301 <a href="http://www.friendsch.org">www.friendsch.org</a>
BOSHAM CARPET BOWLS CLUB Maurice Penfold ☎572953	FRIENDS of OLD BRIDGE MEADOW Stephanie Fiske ☎572991 <a href="http://www.oldbridgemeanow.org.uk">www.oldbridgemeanow.org.uk</a>
BOSHAM CHURCH FLOWERS Sue Lambert ☎576317	HARBOUR VOICES (community choir) Pam Sweet ☎574239 <a href="mailto:pamela.sweet@talktalk.net">pamela.sweet@talktalk.net</a>
BOSHAM CONSERVATIVES Caroline Butler ☎576190	KAREN'S KLASSES Karen Ongley ☎573411
BOSHAM CRICKET CLUB Martin Farrell ☎575946 Colts: John Strudwick ☎573934 <a href="http://bosham.play-cricket.com">bosham.play-cricket.com</a>	METING POINT Sally Morley ☎572855
BOSHAM FLOWER CLUB Ann Myers ☎572356	MONDAY CLUB Jan Davies ☎578914
BOSHAM FOOTBALL CLUB Richard Doncaster ☎375184 <a href="http://boshamfc.co.uk">boshamfc.co.uk</a>	NATIONAL CHILDBIRTH TRUST Stephanie Walford ☎776541 (mobile) ☎07850 331864
BOSHAM FORUM Jennifer Fidler ☎574033 <a href="http://sites.google.com/site/boshamforum">sites.google.com/site/boshamforum</a>	OUR LADY OF THE ASSUMPTION <a href="http://www.strichardschichester.co.uk/ourlady">www.strichardschichester.co.uk/ourlady</a>
BOSHAM HANDBELLS John Beck ☎572829	PLAYGROUP Donna Twine ☎572319
BOSHAM INVESTMENT CLUB Douglas McGregor ☎572263	SOUTHBOURNE LIONS CLUB Peter Etheridge ☎783365
BOSHAM MONDAY CLUB BUS Ian Hyde ☎576790	ST NICHOLAS CHURCH HALL Helen Jelley ☎572866
BOSHAM MOTHER and TODDLER GROUP Rachel Goldsmith ☎576928 Kerry Betsworth ☎573741	TALKING NEWS Local news for the visually impaired ☎775050 <a href="mailto:studio@catn.org.uk">studio@catn.org.uk</a>
BOSHAM OLD ENGLISH BOWLS Brenda Wilkins ☎574038	WIND AND TIDE IN CHICHESTER HARBOUR <a href="http://www.cambermet.co.uk">www.cambermet.co.uk</a>

# Shopping and Facilities Guide

## ACUPUNCTURE, AROMATHERAPY and REMEDIAL MASSAGE

CAROLINE KING BA(Hons) Bac MIROM  
3 Stream Close, Bosham ☎572719/07783417380

## BEAUTICIAN SERVICES

THE BEAUTY OASIS—Sadie Middleton. Mobile Services and Beauty Studio at Hambrook.  
[www.thebeautyoasis.co.uk](http://www.thebeautyoasis.co.uk) 572454/07887 748501

## BICYCLE SERVICING AND REPAIR

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### ADAM WHITTLE

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[parishhandyman.co.uk](http://parishhandyman.co.uk) ☎07808 475 445

## CHIMNEY SWEEP

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☎572767

## CLOCK REPAIR AND CONSERVATION

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[www.jonbuttclocks.co.uk](http://www.jonbuttclocks.co.uk) ☎02392 631836

## DENTURES

BOSHAM DENTAL LAB—complete denture service.  
[www.shdentureclinic.co.uk](http://www.shdentureclinic.co.uk) ☎572463

## DOMESTIC HELP

### POPPIES OF CHICHESTER

Professional domestic help. ☎814600  
email: [poppiessouth@aol.com](mailto:poppiessouth@aol.com)  
Website: [www.poppieschichester.co.uk](http://www.poppieschichester.co.uk)

## FURNITURE RESTORATION

SIMON PATERSON. Professional Restoration of Antique Furniture. Over 30 Years experience.  
[www.pateresonrestorations.co.uk](http://www.pateresonrestorations.co.uk) ☎811900

## FUNERAL CELEBRANT

To create and deliver a personal and fitting funeral service for your loved one. ☎07919 417517  
[www.celebrancybywendygoodall.com](http://www.celebrancybywendygoodall.com)

## GARDENING

### THE LAWN RANGER

All aspects of gardening...  
Call Phil... ☎573195

## HOME HELP

Experienced local lady to help with cooking/shopping/house duties/companionship.  
Sarah ☎07535 364337

## KEY HANDLING

QUAY PROPERTY MANAGEMENT—helping home owners in and around Chichester harbour. For all your key handling, property checks, checking-in and -out plus support with rentals, house and pet sitting and more. ☎07704 066585  
[quaypropertymanagement@gmail.com](mailto:quaypropertymanagement@gmail.com)

## THE MILLSTREAM HOTEL and RESTAURANT,

Bosham Lane. *Restaurant open for lunch and dinner every day; booking advisable.* ☎573234

## NURSING HOMES, REST HOMES, HOME NURSING

BEGGARS ROOST NURSING HOME, Old Park Lane, Fishbourne. *Secluded garden, conservatory.*  
Matron—Mrs Karen Curd ☎573750

## PLUMBERS, CENTRAL HEATING ENGINEERS and ELECTRICIANS

AP SQUIRES ELECTRICAL AND PLUMBING,  
2 Poyntz Close, Donnington.  
☎780535/☎07850 899148

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Stephen Bishop *"Bothered of Bosham—see our Bishop!"* 59-60 Russell Square, London WC1B 4HP.  
[sbishop@bishopandsewell.co.uk](mailto:sbishop@bishopandsewell.co.uk) ☎020 7631 4141

## VETERINARY SERVICES

### PRIORS LEAZE VETERINARY CENTRE

RW Kynoch, BVMS, MRCVS, Priors Leaze Lane, Nutbourne. *24 Hour Service.* ☎376000

## YOGA

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[www.boshamyoga.net](http://www.boshamyoga.net) [vivoward@gmail.com](mailto:vivoward@gmail.com)  
☎572353 **Mob:** ☎07443 867181

## Important Phone Numbers

<b>EMERGENCY SERVICES</b>	☎999
<b>POLICE (non-emergency)</b>	☎101
<b>FIRE (non-emergency)</b>	☎786211
<b>FLOODLINE</b>	☎0845 9881188
<b>GAS LEAK</b>	☎0800 111999
<b>CRIMESTOPPERS</b>	☎0800 555111
<b>CHILDLINE</b>	☎0800 1111
<b>SAMARITANS</b>	☎08457 909090
<b>DOMESTIC VIOLENCE</b>	☎0808 2000247
<b>NHS HELPLINE</b>	☎111
<b>ST RICHARD'S HOSPITAL</b>	☎788122
<b>CHICHESTER COUNCIL</b>	☎785166
<b>WEST SUSSEX COUNCIL</b>	☎777100

**RAIL SERVICE**  
**(MONDAY TO FRIDAY ONLY)**

<b>Bosham-Victoria</b>		<b>Victoria-Bosham</b>	
dep	arr	dep	arr
06:02	07:47 c	05:54	08:18 c
06:26	08:13	07:36	09:19 c
06:39	08:41 c	08:35	10:19 c
07:31	09:14	09:35	11:19 c
07:52	09:43 c	10:35	12:19 c
08:29	10:14 c	11:35	13:19 c
09:28	11:14 c	12:35	14:19 c
10:28	12:14 c	13:35	15:19 c
11:27	13:14 c	14:35	16:20 c
12:27	14:14 c	15:35	17:19 c
13:27	15:14 c	16:05	17:43
14:27	16:15 c	16:35	18:19 c
15:30	17:14 c	16:54	18:37 c
16:27	18:15 c	17:35	19:19 c
17:27	19:14 c	17:54	19:37 c
18:27	20:14 c	18:35	20:19 c
18:37	20:44 c	19:35	21:17
19:27	21:18 c	20:35	22:13
19:37	21:44 c	21:35	23:21
20:27	22:14 c		
21:28	23:15 c		
22:28	00:41 c		

c = one change required

NB—Journeys requiring two or more changes have not been shown  
[southernrailway.com](http://southernrailway.com) ☎08451 272920

**700 BUS-BOSHAM to CHICHESTER**  
**Monday to Friday** (modified Service on Saturdays, Sundays and Bank Holidays)

**White Swan roundabout to Cathedral**  
0622, 0648, 0713, 0728, 0745, 0815, 0845 then at 15, 45 until 1915, 1945, 2045.

**Cathedral to White Swan roundabout**  
0535, 0635, 0648, 0711, 0741, 0808, 0847 then at 17, 47 until 1717, 1749, 1819, 1912, 2012, 2112, 2212.

[www.stagecoachbus.com](http://www.stagecoachbus.com)

*Correct as we go to press, but subject to change! Please check before travelling!*

**FREE SUPERMARKET BUSES**

**Route 48: Chichester to Tesco**

*(Tuesdays and Wednesdays only)*

dep Cathedral 10:03am, then at **33** and **3** mins past each hour until 1:33pm

dep Tesco 10:15am, then at **45** and **15** mins past each hour until 1:45pm

**Route C2: Bosham to Sainsbury's**

(Wednesdays only)

dep Bosham Walk 10:05am

dep Sainsbury's 12:05pm

**BUS ROUTE 56-BOSHAM TO CHICHESTER AND RETURN**

**Monday to Saturday, except public holidays**

**From Bosham car park:**

**8:20** (7:55 school hols, 8:15 Sats)

**9:30**

**11:00**

**12:25**

**1:50**

**3:20**

**4:45**

**6:10**

**From Chichester Cathedral:**

**7:29** (not Saturdays)

**8:54** (9:04 Saturdays)

**10:34**

**11:59**

**1:24**

**2:24** (2:49 school hols and Sats)

**4:19**

**5:44**

For further information: [www.stagecoachbus.com](http://www.stagecoachbus.com) or ☎08712 002233

**DECEMBER HIGH TIDES: BOSHAM QUAY**

1	Tu	1157	4.6			
2	W	0022	4.5	1229	4.6	
3	Th	0058	4.5	1303	4.5	
4	F	0136	4.5	1341	4.5	
5	Sa	<b>0219</b>	<b>4.3</b>	<b>1424</b>	<b>4.3</b>	
6	Su	<b>0310</b>	<b>4.2</b>	<b>1520</b>	<b>4.1</b>	
7	M	0409	4.2	1625	4.1	
8	Tu	☾	0512	4.2	1732	4.0
9	W	0613	4.2	1837	4.1	
10	Th	0717	4.5	1941	4.3	
11	F	0819	4.7	2042	4.6	
12	Sa	<b>0911</b>	<b>4.9</b>	<b>2135</b>	<b>4.8</b>	
13	Su	<b>0958</b>	<b>5.0</b>	<b>2223</b>	<b>4.9</b>	
14	M	●	1044	5.1	2314	4.9
15	Tu	1130	5.0			
16	W	0006	4.9	1218	4.9	
17	Th	0102	4.8	1308	4.8	
18	F	0155	4.7	1358	4.6	
19	Sa	<b>0244</b>	<b>4.6</b>	<b>1447</b>	<b>4.5</b>	
20	Su	<b>0331</b>	<b>4.5</b>	<b>1537</b>	<b>4.2</b>	
21	M	☽	0418	4.2	1629	4.0
22	Tu	0508	4.1	1724	3.9	
23	W	0601	4.0	1824	3.8	
24	Th	0701	4.0	1930	3.8	
25	F	0804	4.0	2034	3.9	
26	Sa	<b>0859</b>	<b>4.2</b>	<b>2125</b>	<b>4.0</b>	
27	Su	<b>0943</b>	<b>4.3</b>	<b>2208</b>	<b>4.2</b>	
28	M	1022	4.5	2249	4.3	
29	Tu	1100	4.6	2328	4.5	
30	W	○	1135	4.6		
31	Th	0006	4.5	1211	4.6	

**Bosham Sun and Sea****MOON SYMBOLS**

- New Moon      ☾ First Quarter
- Full Moon      ☽ Last Quarter

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**DECEMBER SUNDAY  
SUNRISE AND SUNSET TIMES**

Date	Sunrise	Sunset
6	7:50am	3:58pm
13	7:57am	3:57pm
20	8:03am	3:59pm
27	8:05am	4:03pm

**ANSWER TO QUICK QUIZ (page 14)**

The Gospels which do not mention the birth of Christ are Mark and John.

**COVER PHOTO:**

Holly, with lots of berries—does this mean a hard winter?

**ADVERTISEMENT SECRETARY**

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## MILLSTREAM HOTEL

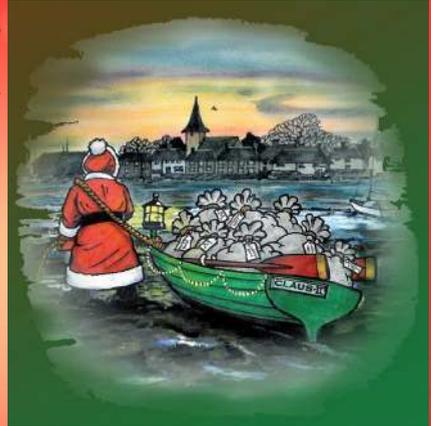
### A MERRY CHRISTMAS TO ONE AND ALL

It only seems like yesterday when we were taking down the Christmas decorations in January, but here we are preparing for the festivities again!

This will be a Christmas that we will all remember for a long time. I hope everyone gets to see their family and friends and are able to celebrate this time of the year helping others and staying safe.

We are hopeful that we will be reopening for Christmas! Have a look at our website for updates and details regarding our Christmas meal home delivery service. If you fancy having all the stress and worry of Christmas Eve dinner, Christmas Day lunch, Boxing Day lunch and even New Year's Eve dinner taken away from you then please call us at the Millstream Hotel (☎573234) and we will deliver it, piping hot, to your door.

We also still offer our regular daily home delivery and take-away menus too. PS Santa's little helpers are ready to welcome you to *Shoreside*, and show you all their festive treats!



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